

GHE's CEAP Program

- ◆ GHE is a National Provider of Civilian Employee Assistance Program Services.
- ◆ We focus on reducing the occurrence and cost of employee substance abuse, job stress and related problems.
- ◆ All Counselors specialize in CEAP issues. Licensed psychologists and counselors are located in or near the employees' workplace or home, and are available for satellite employee locations.
- ◆ GHE's counselors are available to treat other issues, such as workplace stress management, marital problems, family issues, job insecurity and AIDS awareness.



Check Out Our *CEAP* Web Page
at
www.federalsolutions.com/nasp

GHE HealthCare

Brinklow, MD 26662
Toll Free: 6664433277
Email: ghehealthcare@comcast.net

Civilian Employee Assistance Program

**GHE HealthCare's
CEAP Services For
HRO
Serviced Activities
Pensacola, Florida**

**Call Toll Free:
866-443-3277 or
866-GHE-EAPS**



www.federalsolutions.com/nasp

Creating Balance In Your Life

Civilian Employee Assistance Program- Pensacola, FL

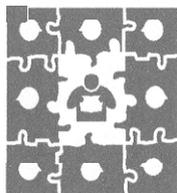
Who is GHE HealthCare?

GHE HealthCare, a national provider of Civilian Employee Assistance Programs (CEAP), specializes in meeting the needs of employees and families. The focus of the CEAP service is on employee issues affecting their lives, such as substance abuse, job stress, and other psychological problems.

Why has GHE been successful?

- ◆ GHE has an effective solution to assist employees suffering from substance abuse and other life problems.

- ◆ GHE's counselors are local to your place of work, so no need to travel far to get help.



Helping you solve puzzling issues and life problems

- ◆ GHE helps employees address their problems by offering the employee short-term counseling then directing the employee to community resources for long-term solutions

How Does The CEAP Work For You and Your Family?

Q. What is a Civilian Employee Assistance Program (CEAP)?

A. The CEAP is a program available to help you with any type of personal problem that may be upsetting your personal life, your job, or your family.

Q. What kind of problems will the program help me with?

A. Help for emotional and family problems, alcohol or drug related problems and job stress problems

Q. What should I do if I have a problem?

A. Contact GHE toll free 866-443-3277, 24 hours a day, seven days a week. Simply give us your Zip code and your name and phone number. You will be connected to a GHE counselor's office, or the counselor will contact you directly.

Q. Will talking with someone in the CEAP program hurt my job security or chances for promotion?

A. No. Your agreement to ask for help and accept help will not hurt your job security or chances for promotion. Your getting help is a benefit to you and your employer.

Q. Will anyone know if I call for help?

A. Any call for help is strictly confidential.

Q. Who will pay for the cost of the assistance?

A. You can receive an assessment and evaluation with an CEAP counselor without cost to you. Further counseling after the CEAP service is usually covered by employee insurance.

GHE WEB SITE ACCESS

- ◆ Our GHE custom web site for NAS area employees includes:

Employees' Frequently Asked Questions

Community Resource List

Reference Library

Newsletters

On-Line Employee & Supervisor Training

Contact Options

Web Site Address

www.federalsolutions.com/nasp

- ◆ You can also contact us on-line at:

ghehealthcare@comcast.net

- ◆ Or call us toll free at:

866-GHE-EAPS

- ◆ Employees and their immediate family members are eligible to participate. Each GHE Counselor is state licensed and certified.



The GHE Solution

GHE HealthCare CEAP

Toll Free: 866-443-3277